



Brain Injury Association of Missouri

# 18<sup>TH</sup> ANNUAL STATEWIDE CONFERENCE

October 20 - 22, 2022

**MARRIOTT ST. LOUIS WEST**  
**Chesterfield, Missouri**

This is the only conference in Missouri established to specifically address issues relating to brain injury.

**REGISTER TODAY:**

- **Professional Conference**
- **Survivor and Family Seminar**
- **Awards Luncheon & Annual Meeting**

**CO-HOST SPONSOR**



MISSOURI DEPARTMENT OF  
**HEALTH &  
SENIOR SERVICES**



Brain Injury Association of Missouri  
2265 Schuetz Rd. ▪ Saint Louis, MO 63146-3409  
314.426.4024 ▪ 1.800.444.6443 ▪ Fax: 314.426.3290  
Conference@biamo.org Website:  
[www.biamo.org](http://www.biamo.org)



# 18<sup>TH</sup> ANNUAL STATEWIDE CONFERENCE

## WELCOME

### The Brain Injury Association of Missouri

The Mission of the Brain Injury Association of Missouri (BIA-MO) is to reduce the incidence of brain injury; to promote acceptance, independence and productivity of persons with brain injury; and to support their families, caregivers and the community.

This Mission is accomplished through programs of education, support, recreation and advocacy.

Educational programs are offered for professionals, survivors of brain injury and their families, as well as the community.

Support is offered through Community Support Services, Support Groups and more.

Recreational activities include the Donald Danforth Jr. Wilderness Camp, which is a week-long organized outdoor activity for adults who sustained a brain injury. Additional activities include gatherings, sporting games, theater shows and other social events.

Advocacy efforts focus on the prevention of brain injuries and access to services for persons living with brain injury.

---

## 2022 Conference Overview

The Brain Injury Association of Missouri 18th Annual Statewide Conference features national and regional experts sharing current research, cutting-edge therapeutic strategies, and best practice treatment. This is the only conference in Missouri established to specifically address issues relating to brain injury.

This Conference is the premier educational opportunity for healthcare, rehabilitation, vocational, agriculture, residential, and community support professionals. They will gain knowledge and further develop their skills to provide care for individuals who have sustained a brain injury.

Sessions held on Thursday, October 20 and Friday, October 21 will be of most interest to professionals who provide care on a regular or periodic basis for survivors of brain injury.

These professional sessions will focus on rehabilitation, medical care, mental health, relationships, community involvement and personal care for survivors of brain injury in rural and urban communities. This education for professionals can lead to enhanced opportunities for survivors of mild, moderate or severe brain injuries to live a quality life.

On Saturday, October 22, information will be most applicable to persons with brain injury and their families. This BIA-MO Survivor and Family Seminar offers practical suggestions for life with brain injury and is free-of-charge for survivors and their families.

Saturday, October 22 will also feature the Awards Luncheon and Annual Meeting.

The Mission of the Brain Injury Association of Missouri is to reduce the incidence of brain injury; to promote acceptance, independence and productivity of persons with brain injury; and to support their families, caregivers and the community.



# Brain Injury Association of Missouri

# 18<sup>TH</sup> ANNUAL STATEWIDE CONFERENCE

## CONFERENCE FEATURES

### Exhibit Hall

Service providers, government agencies and non-profit organizations will be available to discuss how their programs and services can be of service to you, your clients, consumers, individuals with brain injury and family members. The Exhibit Hall opens at 9:30 am on Thursday, October 20 and will remain open throughout the Conference. Don't miss this opportunity to network and visit with vendors!

### Awards Luncheon and Annual Meeting

On Saturday, October 22, the Brain Injury Association of Missouri will present BIA-MO Annual Awards to honor volunteers, supporters and survivors for their efforts to create better futures for individuals with brain injury and their families. Recipients of the 21-14 Concussion Awareness Scholarship, Griggs Injury Law Educational Scholarship, Linda Hobbs Arts Education Scholarship, SSM Health Rehabilitation Network Educational Scholarship, and the Jim and Lori Winter Educational Scholarship will be acknowledged. This celebration is free to attend and will also include the BIA-MO Annual Meeting.

### Conference Raffle

Items will be raffled on Friday afternoon to the professional attendees of the BIA-MO 18th Annual Statewide Conference. Raffle tickets will be sold throughout the Conference in the Exhibit Hall. Raffle proceeds support BIA-MO programs and services.

A second Raffle will be held on Saturday as part of the Survivor and Family Seminar.

### Donation of a basket, certificate or item for Conference Raffles

Please send your donation to **BIA-MO, 2265 Schuetz Road, Saint Louis, MO 63146**. If you prefer to bring the pre-assembled raffle basket with you to the Conference, contact BIA-MO at [Conference@biamo.org](mailto:Conference@biamo.org). Thank you for your donation.

### Hotel Accommodations

The Marriott St. Louis West is offering a special rate of \$119 per night during the BIA-MO Conference. This discount is available October 19 - 23, 2022. You must mention the Brain Injury Association of Missouri 18th Annual Statewide Conference when making your room reservation to receive this special rate.

The Marriott St. Louis West is a full-service hotel with spacious and modern rooms. All suites are fully equipped with television and cable, mini-fridge, coffee maker, Wi-Fi internet access and a well lit work space. Guests are treated to an on-site indoor pool, fully equipped fitness center, scenic jogging trails, and ample garage or surface lot parking. Just a short distance from the Marriott St. Louis West, you can explore one-of-a-kind shops, sample local cuisine, play Top Golf, or visit a museum.

Make your reservation **before Tuesday, October 4, 2022** by calling the Marriott St. Louis West at [1.800.352.1175](tel:1.800.352.1175). After the October 4 deadline date, room availability and special rates are not guaranteed.

### CEUs Available (pending approval)

- Case Management
- Counseling
- Physical and Occupational Therapy
- CBIS
- Nursing
- Rehabilitation Services
- Psychology

**Sign-in upon arrival, and sign-out at departure - both Thursday and Friday - at the CEU Table in the Conference Foyer to receive credit. CEU certificates will be emailed from the authorizing organization after the Conference.**

### CO-HOST SPONSOR



MISSOURI DEPARTMENT OF  
**HEALTH &  
SENIOR SERVICES**

This project supported, in part by grant number 90TBSG0061-01-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.



# 18<sup>TH</sup> ANNUAL STATEWIDE CONFERENCE

## CONTINUING EDUCATION UNITS (pending approval)

**Case Managers** - CCM CEUs provided by NeuroRestorative.

**CBIS** - It is the responsibility of the Conference attendee to maintain record of attendance.

**Clinical Social Work & Counselors** - The University of Missouri – St. Louis, Missouri Institute of Mental Health will be responsible for this program and maintain a record of your continuing education credits earned. The Missouri Institute of Mental Health will award up to 12 clock hours or 14.4 contact hours (1.44 CEUs) for this live activity.

**Nursing** - CMSA-KC is an approved provider of CNE by the Kansas State Board of Nursing. This course offering is approved for contact hours applicable for APRN, RN or LPN re-licensure. Kansas State Board of Nursing Provider Number LT0206-0606.

**Occupational Therapy** - It is the responsibility of the Conference Attendee to submit the Certificate of Attendance and official Conference Program provided at the BIA-MO Conference to the accrediting agency to receive CEU credits for this educational event.

**Psychology** - The University of Missouri – St. Louis, Missouri Institute of Mental Health will be responsible for this program and maintain a record of your continuing education credits earned. The Missouri Institute of Mental Health will award up to 12 clock hours or 14.4 contact hours (1.44 CEUs) for this activity.

**Physical Therapy** - It is the responsibility of the Conference Attendee to submit the Certificate of Attendance and official Conference Program provided at the BIA-MO Conference to the accrediting agency to receive CEU credits for this educational event.

**Rehabilitation Service Providers/Vocational Counselors** - The University of Missouri – St. Louis, Missouri Institute of Mental Health will be responsible for this program and maintain a record of your continuing education credits earned. CRCC has approved this conference for up to 12 clock hours. CRCC Pre-approval number: 60007962791.

### COVID PRECAUTIONS

The Brain Injury Association of Missouri (BIA-MO) Annual Statewide Conference is planned to be an in-person educational program. COVID health-safety precautions, that are in compliance with CDC guidelines and BIA-MO policies, will be implemented.

Registration options of In-Person, Archives On-Demand or a Combination are available to accommodate participation preferences.

### REHABILITATION TRACK SPONSOR



Follow us on Facebook and Twitter for events, information and more!

Brain Injury Association of Missouri

[www.facebook.com/BIA.Missouri](http://www.facebook.com/BIA.Missouri)

[www.twitter.com/BIA\\_Missouri](http://www.twitter.com/BIA_Missouri)

# 18<sup>TH</sup> ANNUAL STATEWIDE CONFERENCE

## KEYNOTE SPEAKERS



**Lauren Schwarz, PhD,  
ABPP-CN**  
Professor and Dean of  
Student Affairs  
Saint Louis University  
School of Medicine,  
Psychiatry, Behavioral  
Neuroscience &  
Neurology

Dr. Lauren Schwarz provides neuropsychological assessment, with special interest in patients who develop abnormal cognitive conditions resulting from neurologic disease, neurodegenerative disorders, or psychiatric disorders. She also provides group psychotherapy.

In her practice, Dr. Schwarz offers support and education groups for individuals with Parkinson's disease, and works with patients considering deep brain stimulation (DBS) surgery. Research interests include cognitive and emotional functioning in DBS patients with Parkinson's disease, and cognitive outcomes after liver transplantation.

Dr. Schwarz is an assistant professor in the Department of Psychiatry, Division of Geriatric Psychiatry, at Saint Louis University School of Medicine. She is the director of Neuropsychology.

Dr. Schwarz is a board member with the Brain Injury Association of Missouri and a mentor for the American Board of Professional Psychology Clinical Neurology.

In her spare time, enjoys spending time outdoors.

### **BIA-MO Conference Session**

Dr. Lauren Schwarz and Dr. Bryanna Bruger will present "Mental Health and Co-Morbidities After Brain Injury" on Thursday, October 20, 2022.



**Bryanna Bruger, PsyD**  
Instructor of Neurology,  
Clinical Neuropsychologist  
Saint Louis University  
School of Medicine,  
Department of Neurology,  
Division of  
Neuropsychology

Dr. Bryanna Bruger provides neuropsychological assessment, diagnosis and management of patients with neurologic disorders (e.g. epilepsy) functional disorders (e.g. non-epileptic seizures), neurodegenerative diseases, brain injuries, and other psychiatric conditions. She offers cognitive behavioral therapy for non-epileptic seizures, anxiety, and depression; cognitive processing therapy; prolonged exposure therapy; and acceptance and commitment therapy.

Research interests include neuropsychological assessment in epileptic and non-epileptic seizures, neurodegenerative disorders, and other neurological disorders; the impact of adverse childhood experiences (ACEs) and resiliency on post-concussive symptoms; psychological first aid for secondary trauma in emergency department providers; and sports psychology.

Dr. Bruger is an instructor in the Department of Neurology at Saint Louis University School of Medicine. She is a member of the International Neuropsychological Society, American Academy of Clinical Neuropsychology, American Psychological Association, National Academy of Neuropsychology, Association for Applied Sports Psychology.

Dr. Bruger enjoys horseback riding and raising plants.

### Registration Options

**In-Person - Live presentations on October 20 and 21, 2022.**

**Archives On-Demand - Access to recording of available sessions, Oct 24 - Dec 31, 2022.**

**Combination - Attend in-person sessions plus access to archives on-demand recordings.**

# 18<sup>TH</sup> ANNUAL STATEWIDE CONFERENCE

## SPONSORS

### CO-HOST SPONSOR



This project was supported, in part by grant number 90TBSG0061-01-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.

### REHABILITATION TRACK SPONSOR



### RURAL MISSOURI TRACK SPONSOR



These materials are based upon work supported in part by the National Institute of Food and Agriculture (NIFA), United States Department of Agriculture, AgrAbility Grant Program.

**Register Online  
Now**



## KEYNOTE SPEAKER



**Paula Benes, MD**  
Physical Medicine and  
Rehabilitation Physician  
SSM Health  
Rehabilitation Network

Dr. Paula Benes is a physical medicine and rehabilitation physician practicing at SSM Select Rehab Hospitals in the Saint Louis area.

Dr. Benes completed a residency at the medical College of Wisconsin and later completed a Fellowship in Spinal Cord Injury at the medical College of Wisconsin and the Clement Zablocki VA Medical Center in Milwaukee.

She has worked in several hospitals in the Milwaukee area as a staff inpatient rehab physician. She had a faculty position at the medical College of Wisconsin while maintaining a spinal cord staff position at the VA and the Medical College.

Dr. Benes is Board Certified in Physical Medicine and Rehabilitation and Spinal Cord Injury Medicine.

#### **BIA-MO Conference Session**

Dr. Paula Benes will present “Long COVID and Brain Injury” on Friday, October 21, 2022.

### Registration Options

**In-Person** - Live presentations on October 20 and 21, 2022 .

**Archives On-Demand** - Access to recording of available sessions, Oct 24 - Dec 31, 2022.

**Combination** - Attend in-person sessions plus access to archives on-demand recordings.

# 18<sup>TH</sup> ANNUAL STATEWIDE CONFERENCE

## KEYNOTE SPEAKERS



**Lauren and Colleen  
Murphy**  
Motivational Speakers  
and  
Author

Lauren Murphy is a fitness enthusiast, public speaker, and traumatic brain injury (TBI) survivor. In 2019 Lauren began sharing her story in the hopes to spread TBI and Aphasia awareness. To date, she has spoken in front of over 10,000 people.

After receiving her MBA in 2011, Lauren headed east to pursue a lifelong dream of living and working in New York. She accepted a job that included travel throughout the country. During a 2013 business trip to Los Angeles, Lauren, an avid runner, was struck by a car and critically injured during a morning run. Unidentified for several hours, she remained in critical condition for weeks, she had only a slim chance of survival. Doctors suspected that if she did survive, she would most likely not be able to feed herself, walk, talk, or understand spoken words.

Lauren spent over 600 hours of physical and occupational therapy to regain basic functions and over 2,000 hours of speech therapy. Lauren's words and ability to process language have slowly improved. She currently lives with her parents in O' Fallon, Missouri and continues her journey towards recovery.



Colleen Murphy is a wife, mother of seven, public speaker and author of the book, *Murphys Don't Quit; Five Keys to Unlocking Hope When Life Seems Hopeless*.

In 2013, tragedy struck Colleen's family when her second oldest daughter, Lauren, was hit by a car and suffered severe brain damage. Colleen's focus became helping piece Lauren back together. With the help of specialists from all over the country, her family, and friends, as well as her strong faith, she was able to do just that.

Today, Colleen and Lauren speak together as a team, inspiring thousands of people by sharing the details of Lauren's tragic accident, never-give-up attitude, and miraculous recovery. Colleen lives just outside of St. Louis, Missouri with her husband Dave. She spends her free time fielding countless phone calls from her children as they deal with the challenges of adulthood and assisting her husband via FaceTime as he struggles to find things at the grocery store.

**RURAL MISSOURI  
TRACK SPONSOR**



These materials are based upon work supported in part by the National Institute of Food and Agriculture (NIFA), United States Department of Agriculture, AgrAbility Grant Program.

### **BIA-MO Conference Sessions**

Lauren and Colleen Murphy will present  
"Murphys Don't Quit:  
5 Keys to Unlocking Hope When Life Seems Hopeless"  
on Friday, October 21, 2022  
for the professional audience.

Then on Saturday, October 22, 2022  
they will present this session for  
survivors of brain injury and family members.



**Brain Injury Association of Missouri**

# 18<sup>TH</sup> ANNUAL STATEWIDE CONFERENCE

## CONFERENCE COMMITTEE

**Peggy Barco, OTD, OTR/L, SCD, CDRS, FAOTA**  
Washington University  
St. Louis, MO

**Kelli Barton, PhD**  
Institute for Human Development - UMKC  
St. Louis, MO

**Jennifer Braun, MSBS**  
Department of Health and Senior Services  
Jefferson City, MO

**Beth Dauber, MA, CRC**  
Missouri Vocational Rehabilitation  
St. Louis, MO

**Dana Read Farrill, MS, CCC-SLP, CBIS-T**  
SSM Health Rehabilitation Hospital  
St. Louis, MO

**Brad Ferguson, PhD**  
University of Missouri  
Columbia, MO

**Stuart Friess, MD**  
St. Louis Children's Hospital  
St. Louis, MO

**Karen Funkenbusch, BSE, MA**  
University of Missouri Extension  
Columbia, MO

**Christine Hallermann, LPN**  
Healthbridge Complex Care  
St. Louis, MO

**Eric Hart, PsyD, ABPP**  
University of Missouri  
Columbia, MO

**Denise Holt, MS, CCC-SLP**  
Mercy Rehabilitation Hospital - Springfield  
Springfield, MO

**Sindhu Jacob, MD**  
Washington University School of Medicine  
St. Louis, MO

**JD Kemp, MEd, CBT**  
LifeStreams  
Prairie Village, KS

**Raman Malhotra, MD**  
Washington University School of Medicine  
St. Louis, MO

**Patricia Nance, MA, CCC-SLP**  
Brain Injury Foundation of St. Louis  
St. Louis, MO

**Linda Neumann, RN**  
Independent School Health Services Consultant  
St. Louis, MO

### SPONSORSHIP AND EXHIBIT OPPORTUNITIES AVAILABLE

18th Annual Statewide Conference  
Survivor and Family Seminar  
Awards Luncheon

For more information, contact

Maureen Cunningham, Executive Director  
MCunningham@biamo.org  
Phone: 314.426.4024 or 1.800.444.6443



# 18<sup>TH</sup> ANNUAL STATEWIDE CONFERENCE

## AWARD NOMINATIONS

Each year the Brain Injury Association of Missouri (BIA-MO) honors individuals and organizations that have made an outstanding contribution in the brain injury community.

The BIA-MO Annual Awards 2022 will be presented at the Awards Luncheon and Annual Meeting on Saturday, October 22 at the Brain Injury Association of Missouri 18th Annual Statewide Conference.

Please nominate individuals, a group of individuals, companies or organizations you feel are deserving of a BIA-MO Award.

### **Courage Award**

Honors the success of an individual with brain injury.

### **Bill Buell Memorial Award**

Honors a Vocational Rehabilitation Counselor or Case Manager who has provided outstanding service to the brain injury community within or outside of his or her employment responsibilities.

### **Point of Light Award**

Honors an individual who has provided outstanding service to persons with brain injury. Nominations must be made by an individual with brain injury.

### **Volunteer of the Year**

Honors an individual who has furthered the Mission of the Brain Injury Association of Missouri through his or her volunteer service with the organization.

### **Legislator of the Year**

Honors an elected official representing citizens of Missouri who has supported the prevention of brain injuries, services for survivors of brain injury or their families, or supported issues important to the brain injury community.

### **Service Excellence Award - Community Service**

Honors an individual or organization for exceptional service within the brain injury community.

### **Service Excellence Award - Fundraising**

Honors an individual or organization for efforts to generate financial support for services of BIA-MO.

### **Service Excellence Award - Prevention**

Honors an individual or organization their for lasting contributions in brain injury prevention.

### **Service Excellence Award - Public Relations**

Honors an individual or organization for outreach and educational efforts that have increased awareness of brain injury, needs within the brain injury community, and the Brain Injury Association of Missouri.

### **Lifetime Achievement Award**

Honors an individual or organization for significant contributions and long-term impact to the brain injury community.

- **Nomination deadline is October 1, 2022. Nomination forms can be printed or completed electronically at [www.biamo.org/services](http://www.biamo.org/services).**
- **For each nomination, please provide the name and contact information for the nominee, your name and contact information, and a 500 word or less statement of why you feel the person is deserving of the award and how the brain injury community has benefited from his or her efforts.**
- **For more information, please contact BIA-MO at 1.800.444.6443 or 314.426.4024.**

### CO-HOST SPONSOR



This project supported, in part by grant number 90TBSG0061-01-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.

### RURAL MISSOURI TRACK SPONSOR



These materials are based upon work supported in part by the National Institute of Food and Agriculture (NIFA), United States Department of Agriculture, AgrAbility Grant Program.

### REHABILITATION TRACK SPONSOR



# 18<sup>TH</sup> ANNUAL STATEWIDE CONFERENCE

## PROFESSIONAL CONFERENCE

**Thursday, October 20, 2022**

**7:45 am - 8:15 am Registration**

**8:15 am - 8:30 am Welcome**

**8:30 am - 9:30 am Dr. Tom Martin Legacy  
Keynote Session**

**Mental Health and Co-Morbidities After Brain  
Injury**

**Lauren Schwarz, PhD, ABPP-CN**

*Professor and Dean of Student Affairs  
Saint Louis University School of Medicine, Psychiatry,  
Behavioral Neuroscience & Neurology*

**Bryanna Bruger, PsyD**

*Instructor of Neurology, Clinical Neuropsychologist  
Saint Louis University School of Medicine,  
Dept. of Neurology, Division of Neuropsychology*

**9:30 am - 10:00 am Break with Exhibitors**

**10:00 am - 11:30 am Panel Session**

**Survivors and Caregivers Panel**

**Dane Buschling, Esq**

*Survivor of Brain Injury  
Co-founder of Brain Buddies NFP*

**Tammie Buschling**

*Parent, Advocate for all Survivors  
Co-founder of Brain Buddies NFP*

**Kate M.S.P. Hwang, MS**

*Survivor of Brain Injury, CrossFit, L2 Coach  
Brain Injury Self-Advocate*

**Erica Renee Walker**

*Survivor of Brain Injury  
Author of Through the Lens, Speaker, Producer*

**Eric Washington**

*Survivor of Brain Injury  
Advocate*

**11:30 am - 12:15 pm Networking Lunch**

**12:15 pm - 1:15 pm Breakout Sessions**

**Mild TBI Treatment and Support for Vocational Success**

**Komal Ashraf, DO**

*Director, MU Concussion Program  
University of Missouri Health Care*

**Trauma Informed Care**

**Rachael Juehring, PhD**

*Pediatric Psychologist  
Ranken Jordan Pediatric Bridge Hospital*

**1:15 pm - 1:25 Break**

**1:25 pm - 2:30 pm Breakout Sessions**

**Assistive Technology for Emotional Self-Regulation for  
Survivors of Brain Injury**

**David Baker**

*Director  
Missouri Assistive Technology*

**Vestibular Rehabilitation for Patients with Brain Injury**

**Alexa Gutierrez, DPT, PT**

*Vestibular and Concussion Program Manager  
SSM Health Rehabilitation Network*

**2:30 pm - 2:45 pm Break with Exhibitors**

**Temperature in conference rooms  
will be set at 72 degrees.  
Please dress accordingly.**

**CO-HOST SPONSOR**



This project was supported, in part by grant number 90TBSG0061-01-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.

**Register Online  
Now**





# 18<sup>TH</sup> ANNUAL STATEWIDE CONFERENCE

## PROFESSIONAL CONFERENCE

Thursday, October 20, 2022

**2:45 pm - 3:45 pm Breakout Sessions**  
**Diagnosing Traumatic Brain Injury - Current Research**

**Casey Burton, PhD**  
*Director of Health Innovation & Policy*  
*Phelps Health*

**Psychotherapy Essentials for Brain Injury**  
**Hillel Goldstein, PsyD, LPC**  
*Brain Injury Psychotherapist*  
*Private Practice at Brain Injury Foundation of St. Louis*

**3:45 pm - 3:55 Break**

**3:55 pm - 4:55 pm Breakout Sessions**  
**Assistive Technology for Emotional Self-Regulation for Survivors of Brain Injury**  
**David Baker**  
*Director*  
*Missouri Assistive Technology*

**Community Resources Panel: State and Emergency Services**  
**Jennifer Braun, BSBA**  
*Brain Injury Manager*  
*Adult Brain Injury Program of Missouri-Department of Health and Senior Services*

**Karen Funkenbusch, BSE, MA**  
*Program Director/PI Missouri AgrAbility*  
*MU Center for Health Policy*

**Shelly Summers**  
*Federal Programs Manager*  
*DMH, Developmental Disabilities Division*

**Christian Yacula**  
*EMS Training Specialist*  
*St. Louis Fire Department*

**4:55 pm - CEU Sign-out**

**5:00 pm - 6:00 pm Conference Reception**

### Registration Options

To accommodate current COVID conditions, the following registration options are available for the BIA-MO 18th Annual Statewide Conference:

#### In-Person:

Live presentations on October 20 and 21, 2022 at the Marriott St. Louis West Hotel. Registration is per person for both days at \$170 for BIA-MO Members and \$220 for non-members.

#### Archives On-Demand:

Recordings of available BIA-MO Conference sessions may be accessed between October 24 – December 31, 2022. Access is per email address for single person participation. The Archives On-Demand rate is \$170 for BIA-MO Members and \$220 for non-members.

#### Combination:

Attend all or some of the in-person sessions and have access to on-demand recordings available. The Combination rate is an additional \$30 per registered person.

**Temperature in conference rooms will be set at 72 degrees. Please dress accordingly.**

**REHABILITATION TRACK SPONSOR**



# 18<sup>TH</sup> ANNUAL STATEWIDE CONFERENCE

## PROFESSIONAL CONFERENCE

**Friday, October 21, 2022**

**7:45 am - 8:30 am Registration**

**8:30 am - 8:45 am Welcome**

**8:45 am - 10:00 am Plenary Session**

**Choosing Appropriate Intervention Approaches to Improve Daily Living Outcomes for Survivors of Brain Injury**

**Peggy Barco, OTD, OTR/L, FAOTA, SCDCM, CDRS**

*Associate Professor, Program in Occupational Therapy, Washington University, School of Medicine in St. Louis*

**Jill Jonas, MSOT, OTR/L**

*Occupational Therapist  
Washington University, School of Medicine in St. Louis*

**10:00 am - 10:15 am Break with Exhibitors**

**10:15 am - 11:15 am Keynote Session**

**Long COVID and Brain Injury**

**Paula Benes, MD**

*Physical Medicine and Rehabilitation Physician  
SSM Health Rehabilitation Network*

**11:15 am - 11:25 am Break with Exhibitors**

**Temperature in conference rooms will be set at 72 degrees. Please dress accordingly.**

**RURAL MISSOURI  
TRACK SPONSOR**



These materials are based upon work supported in part by the National Institute of Food and Agriculture (NIFA), United States Department of Agriculture, AgrAbility Grant Program.

**Register  
Online**



**Please join  
Lauren and  
Colleen  
Murphy  
for a Book  
Signing in the  
Grand Ballroom  
Lobby  
following the  
presentation.**

**11:25am - 12:25 pm Breakout Sessions**

**Complementary and Integrative Therapies**

**Dustin Politte, MT-BC**

*Music Therapist*

*Music Therapy St. Louis, LLC*

**Victoria Day, MEd, LPC, CMA**

*Registered Somatic Movement Therapist*

*Embodiment, LLC*

**Demystifying Public Benefits: Differences of Medicare, Medicaid SSI, SSDI and How This Knowledge is Important to Assisting Persons with Brain Injury**

**Sandy Weitkamp**

*Benefits Case Manager*

*BCI Skills Center*

**12:30 pm - 1:15 pm Lunch and Raffle**

**1:15 pm - 2:15 pm Breakout Sessions**

**Person Centered Road to Independence**

**Stacie Amschler**

*Independent Living Services Manager*

*empower:abilities*

**Bethany Hornbeck**

*Assistive Technology Specialist*

*empower:abilities*

**Demystifying Public Benefits: Differences of Medicare, Medicaid SSI, SSDI and How This Knowledge is Important to Assisting Persons with Brain Injury**

**Sandy Weitkamp**

*Benefits Case Manager*

*BCI Skills Center*

**2:20 pm - 3:30 pm Keynote Session**

**Murphys Don't Quit: 5 Keys to Unlocking Hope When Life Seems Hopeless**

**Lauren and Colleen Murphy**

*Motivational Speakers and Author*

*Murphys Don't Quit*



Brain Injury Association of Missouri

# 18<sup>TH</sup> ANNUAL STATEWIDE CONFERENCE

## SURVIVOR AND FAMILY SEMINAR

Saturday, October 22, 2022

8:15 am - 9:00 am Registration

8:30 am - 9:00 am Pre-Seminar Session  
**Brain Injury 101**

Pre-seminar session for individuals and families recently impacted by brain injury or years post-injury with unanswered questions.

9:00 am - 9:15 am Welcome

9:15 am - 10:00 am Plenary Session  
**Healthy You, Healthy Brain**

Learn how different habits, foods and activities affect your brain, actions and daily life.

10:00 am - 10:30 am Break with Exhibitors

10:30 am - 11:30 am Keynote Session  
**Murphys Don't Quit: 5 Keys to Unlocking Hope When Life Seems Hopeless**

Lauren and Colleen Murphy  
*Motivational Speakers and Author  
Murphys Don't Quit*

11:30 am - 12:45 pm Awards Luncheon and Annual Meeting

12:45 pm - 1:15 pm Breakout Sessions  
**Mindful Movement and Meditation**

Interactive session of survivor-friendly movements for exercise, relaxation and fun.

**Organization for Today**

Learn tips on keeping a routine, organizing your surroundings, comprising your thoughts and more.

1:15 pm - 1:45 pm Break with Exhibitors and Raffle Prizes

1:45 pm - 2:30 pm Plenary Session  
**Finding Your Voice**

Learn ways to communicate your needs and wants at every stage of recovery. Use little steps to have a big impact for self-advocacy.

2:30 pm - 2:40 pm Break

2:40 pm - 3:30 pm Breakout Sessions  
**Let's Talk - Family and Friends**

Facilitated discussion to encourage sharing of experiences of life with brain injury.

**Let's Talk - Survivors**

Facilitated discussion to encourage sharing of experiences of life with brain injury.

Temperature in conference rooms will be set at 72 degrees. Please dress accordingly.

Attendance is FREE for the SURVIVOR AND FAMILY SEMINAR.

**REGISTRATION REQUIRED - SPACE IS LIMITED!**

Registration required by Friday, October 14, 2022

Mail: Completed Registration Form on page 19

Brain Injury Association of Missouri  
2265 Schuetz Road, Saint Louis, MO 63146-3409

Phone: 314.426.4024 or 1.800.444.6443

For more information, contact  
[conference@biamo.org](mailto:conference@biamo.org) or 314.426.4024

# 18<sup>TH</sup> ANNUAL STATEWIDE CONFERENCE

## CONFERENCE FACULTY

**Stacie Amschler**

Independent Living Services Manager,  
empower:abilities  
Springfield, MO

Disclosure: Stacie Amschler has no relevant or non-financial relationships to disclose.

**Komal Ashraf, DO**

Director, MU Concussion Program,  
University of Missouri Health Care  
Columbia, MO

Disclosure: Komal Ashraf receives a salary from University of Missouri and has no relevant non-financial relationships to disclose.

**David Baker**

Director, Missouri Assistive Technology  
Blue Springs, MO

Disclosure: David Baker has no relevant or non-financial relationships to disclose.

**Peggy Barco, OTD, OTR/L, FAOTA, SCDCM, CDRS**

Associate Professor, Washington University School of  
Medicine  
St. Louis, MO

Disclosure: Peggy Barco authors book chapters and provides continuing education trainings. She has no relevant non-financial relationships to disclose.

**Paula Benes, MD**

PM & R Physician, SSM Health  
Rehabilitation Network  
St. Louis, MO

Disclosure: Paula Benes has no relevant or non-financial relationships to disclose.

**Jennifer Braun, BSBA**

Brain Injury Manager, Missouri Department of Health  
and Senior Services  
Jefferson City, MO

Disclosure: Jennifer Braun receives a salary from the State of Missouri and has no relevant non-financial relationships to disclose.

**Bryanna Bruger, PsyD**

Instructor of Neurology, Saint Louis  
University School of Medicine,  
St. Louis, MO

Disclosure: Bryanna Bruger has no relevant or non-financial relationships to disclose.

**Casey Burton, PhD**

Director of Health Innovation & Policy, Phelps Health  
Rolla, MO

Disclosure: Casey Burton receives federal grant funding for research and has no relevant non-financial relationships to disclose.

**Dane Buschling, Esq**

Survivor of Brain Injury, Brain Buddies  
New Haven, MO

Disclosure: Dane Buschling has no relevant or non-financial relationships to disclose.

**Tammie Buschling**

Parent, Brain Buddies  
New Haven, MO

Disclosure: Tammie Buschling has no relevant or non-financial relationships to disclose.

**Victoria Day, MEd, LPC, CMA**

Registered Somatic Movement Therapist  
Embodiment, LLC

Disclosure: Victoria Day has no relevant or non-financial relationships to disclose.

**Karen Funkenbusch, BSE, MA**

Program Director/PI Missouri AgrAbility, MU Center  
for Health Policy  
Columbia, MO

Disclosure: Karen Funkenbusch receives a salary from the University of Missouri Extension and has no relevant non-financial relationships to disclose.



# 18<sup>TH</sup> ANNUAL STATEWIDE CONFERENCE

## SPONSORSHIP OPPORTUNITIES

### SPONSORSHIP PACKAGES

All Sponsorships include signage during the Conference, full page advertisement in printed Conference Program, recognition during Conference Welcome, in BIA-MO newsletter and on our website.

#### \_\_\_ Track Sponsor - \$5,000

- Logo on Conference Event Program
- Six professional Conference registrations
- Prime exhibit space in Exhibit Hall
- Recognized in BIA-MO social media
- Option for organization collateral item in Conference Bag
- Link from the BIA-MO website

#### \_\_\_ Lunch Sponsor - \$3,000

- Four professional Conference registrations
- Prime exhibit space in Exhibit Hall
- Option for organization collateral item in Conference Bag
- Five-minute address at Sponsored Lunch

#### \_\_\_ Keynote Sponsor - \$1,000

- Two professional Conference registrations
- Exhibit space in Exhibit Hall
- Signage during your Keynote Session

#### \_\_\_ Break Sponsor - \$500

- Signage during Refreshment Break or Breakout Session

### EXHIBIT OPTIONS

#### \_\_\_ Full Conference Exhibit - \$385

*(No discount for fewer than three days of exhibiting.)*

#### \_\_\_ Survivor and Family Seminar Exhibit - \$125

#### Days Exhibiting:

*(Check all that apply for accurate table count.)*

#### Professional Audience

\_\_\_ Thursday, October 20

\_\_\_ Friday, October 21

#### Survivor and Family Audience

\_\_\_ Saturday, October 22

#### Representative(s) for Exhibit

(Lunch included for one representative with Exhibit Fee. There is a \$55 per person/per day Refreshment Fee for additional Exhibit Representatives who are not registered for the Conference.)

Name: \_\_\_\_\_

Name: \_\_\_\_\_

### ADVERTISING OPPORTUNITY

Conference Program advertising (black & white only):

\_\_\_ Full Page \$100 size 8" x 10 1/2"

\_\_\_ Half Page \$75 size 8" x 5 1/4"

Sponsorship is tax-deductible to the extent allowed by law.

Company/Agency Name: \_\_\_\_\_

Contact Person: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Telephone: (\_\_\_\_) \_\_\_\_\_ Email: \_\_\_\_\_

#### Payment Options

Check payable to BIA-MO enclosed       Invoice me

Charge my credit card #: \_\_\_\_\_

Name on Card: \_\_\_\_\_ Exp. Date: \_\_\_\_ CVV Code \_\_\_\_

Cardholder billing zip code (if different than above) \_\_\_\_\_

# 18<sup>TH</sup> ANNUAL STATEWIDE CONFERENCE

## CONFERENCE FACULTY (CONTINUED)

**Hillel Goldstein, PsyD, LPC**

Brain Injury Psychotherapy Private Practice  
St. Louis, MO

Disclosure: Hillel Goldstein has no relevant or non-financial relationships to disclose.

**Alexa Gutierrez, DPT, PT**

Vestibular and Concussion Program Manager, SSM  
Health Rehabilitation Network  
St. Louis, MO

Disclosure: Alexa Gutierrez has no relevant or non-financial relationships to disclose.

**Bethany Hornbeck**

Assistive Technology Specialist,  
empower:abilities  
Springfield, MO

Disclosure: Bethany Hornbeck has no relevant or non-financial relationships to disclose.

**Kate M.S.P. Hwang, MS**

Survivor of Brain Injury, Self-Advocate  
Kansas City, MO

Disclosure: Kate Hwang has no relevant or non-financial relationships to disclose.

**Jill Jonas, MSOT, OTR/L**

Occupational Therapist, Washington  
University School of Medicine  
St. Louis, MO

Disclosure: Jill Jonas has no relevant or non-financial relationships to disclose.

**Rachael Juehring, PhD**

Pediatric Psychologist, Ranken Jordan  
Pediatric Bridge Hospital  
St. Louis, MO

Disclosure: Rachael Juehring has no relevant or non-financial relationships to disclose.

**Lauren and Colleen Murphy**

Motivational Speakers and Author, Murphys Don't Quit  
St. Louis, MO

Disclosure: Lauren and Colleen Murphy receive an honorarium and have no relevant non-financial relationships to disclose.

**Dustin Politte, MT-BC**

Music Therapist, Music Therapy St. Louis, LLC  
St. Louis, MO

Disclosure: Dustin Politte has no relevant or non-financial relationships to disclose.

**Lauren Schwarz, PhD, ABPP-CN**

Professor and Dean of Student Affairs, Saint Louis University School of Medicine  
St. Louis, MO

Disclosure: Lauren Schwarz receives a salary from Saint Louis University and has no relevant non-financial relationships to disclose.

**Shelly Summers**

Federal Programs Manager, Missouri Department of Mental Health  
Jefferson City, MO

Disclosure: Shelly Summers receives a salary from the State of Missouri and has no relevant non-financial relationships to disclose.

**Erica Renee Walker**

Survivor of Brain Injury, Through the Lens  
St. Louis, MO

Disclosure: Erica Renee Walker has no relevant or non-financial relationships to disclose.

**Eric Washington**

Survivor of Brain Injury, Advocate  
Kansas City, MO

Disclosure: Eric Washington has no relevant or non-financial relationships to disclose.

**Sandy Weitkamp**

Benefits Case Manager, BCI Skills Center  
St. Charles, MO

Disclosure: Sandy Weitkamp has no relevant or non-financial relationships to disclose.

**Christian Yacula**

EMS Training Specialist, St. Louis Fire Dept  
St. Louis, MO

Disclosure: Christian Yacula has no relevant or non-financial relationships to disclose.



# 18<sup>TH</sup> ANNUAL STATEWIDE CONFERENCE

## CONFERENCE COMMITTEE (CONTINUED)

**Sue Orton**

Parent of Survivor of Brain Injury  
St. Louis, MO

**Leslie Quarles**

Institute for Community Engagement - University  
of Massachusetts - Boston  
St. Louis, MO

**Amy Robbins**

Ozark Neuro Rehab Center  
Springfield, MO

**Carolyn Roth, RRT**

NeuroRestorative  
St. Louis, MO

**Lauren Schwarz, PhD, ABPP-CN**

Saint Louis University School of Medicine

St. Louis, MO

**Charity Shelton, MS, CCC-SLP, CBIS**

Mercy Neuro Outpatient Therapy Services  
Springfield, MO

**Emma Swinford, MPH, MSW**

Institute for Human Development - UMKC  
St. Louis, MO

**Kim Ueltschy, MS, CCC-SLP, CPHQ, CBIS**

Ranken Jordan Pediatric Bridge Hospital  
St. Louis, MO

**Kathleen Winkelmann, OTR/L, CBIS-T**

**Register Online Now**



### Brain Injury Association of Missouri Programs and Services

**Support**

- Support Groups
- Community Resource Services
- Get Schooled on Concussion for Missouri - Teacher Resources

**Recreation**

- Donald Danforth Jr. Wilderness Camp
- Social Activities

**Advocacy**

- Access to services for survivors
- Prevention of brain injury

**Education**

- Statewide Professional Conference
- Survivor & Family Regional Seminars
- Sports Concussions: Facts, Fallacies and New Frontiers Seminars
- Professional Development Trainings
- School-age "Save Your Brain" Presentation
- Brain Injury Resources and Community Education

**For More Information**

**Brain Injury Association of Missouri**

**2265 Schuetz Road, Saint Louis,  
MO 63146-3409**

**314.426.4024 or 1.800.444.6443**

**conference@biamo.org**

**CO-HOST SPONSOR**



MISSOURI DEPARTMENT OF  
**HEALTH &  
SENIOR SERVICES**

This project supported, in part by grant number 90TBSG0061-01-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.

**REHABILITATION  
TRACK SPONSOR**



**SSMHealth.**  
Rehabilitation Network  
An SSM Health Select Medical Partnership

**RURAL MISSOURI  
TRACK SPONSOR**



These materials are based upon work supported in part by the National Institute of Food and Agriculture (NIFA), United States Department of Agriculture, AgrAbility Grant Program.

# 18<sup>TH</sup> ANNUAL STATEWIDE CONFERENCE



## Membership Matters

314-426-4024 800-444-6443  
[www.biamo.org](http://www.biamo.org) Fax: 314-426-3290

The Brain Injury Association of Missouri (BIA-MO) helps thousands of individuals and families affected by brain injury each year. Our programs of support, education, recreation, and advocacy are offered for persons with brain injury, their families, professionals who provide care for them and the community. Your Membership matters and together we can create better futures for survivors of brain injury and their families.

### How Your Membership Matters

Traumatic Brain Injury (TBI) is an intrusion, blow or jolt to the head that disrupts the normal functioning of the brain. The severity of a brain injury may range from mild to severe and may result in functional changes in thinking, sensation, language, and emotions.

The brain injury incident often occurs in an instant, but has a lasting impact on the individual and his or her families and friends.

The primary causes of traumatic brain injuries are falls (40%), being struck by or against an object (17%) and motor vehicle crashes (14%).

### Make Your Membership Matter

#### Benefits of Membership:

- Discount **REGISTRATION FEE** to the BIA-MO Annual Statewide Conference
- The Brain Injury Association of America *The Challenge* quarterly magazine.
- One-year subscription to *The Journal of Head Trauma Rehabilitation* for Professional and Corporate Memberships.
- Supporting BIA-MO services for survivors of brain injury and family members.
- Knowing you are part of the Voice of Brain Injury and having an impact.

Every 18 seconds someone sustains a brain injury. By the time you complete this Membership form another child or adult will have sustained a brain injury. Make your Membership Matter and sign-up today.

### Brain Injury Association of Missouri Membership

My annual membership is a  New Membership  Renewed Membership

Points of Light (\$500 or more)

Corporate Membership (\$500 or more) with link from BIA-MO Website address for link: \_\_\_\_\_

Corporate/Organization (\$200 or more) without link

Donation in addition to my Membership \$ \_\_\_\_\_

Professional (\$100 or more)

List my Professional Membership on BIA-MO website

Family/Individual (\$35 or more)

Survivor of brain injury (free)

Name \_\_\_\_\_ Day Phone: (\_\_\_\_) \_\_\_\_\_

Company/Agency \_\_\_\_\_

Address \_\_\_\_\_ Apt # \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

I prefer correspondence sent by email \_\_\_\_\_

Payment: Check payable to **Brain Injury Association of Missouri** or credit card.

Visa/Discover/MC/ AMEX# \_\_\_\_\_ Exp Date \_\_\_\_\_ V-Code (on back) \_\_\_\_\_

Cardholder billing address (if different than above) \_\_\_\_\_ Zip Code \_\_\_\_\_

Mail to BIA-MO, 2265 Schuetz Road, Saint Louis, MO 63146-3409 or become a member on [www.biamo.org](http://www.biamo.org)

# 18<sup>TH</sup> ANNUAL STATEWIDE CONFERENCE

## CONFERENCE REGISTRATION

Name: \_\_\_\_\_

Agency/Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Alt. Phone: \_\_\_\_\_

Fax \_\_\_\_\_ Email \_\_\_\_\_

Additional Names 2. \_\_\_\_\_ 3. \_\_\_\_\_

**Professional Conference, Thursday, October 20 - Friday, October 21, 2022**

\_\_\_ In-Person \_\_\_ Archives On-Demand \_\_\_ Combination (add \$30 per registration)

**Non-Member BIA-MO Conference Fee:** \_\_\_\_\_ \$220 x \_\_\_\_\_ = \$ \_\_\_\_\_

**BIA-MO Member Conference Fee:** \_\_\_\_\_ \$170 x \_\_\_\_\_ = \$ \_\_\_\_\_

**Family Member Fee:** \_\_\_\_\_ \$90 x \_\_\_\_\_ = \$ \_\_\_\_\_

**Survivor Fee:** \_\_\_\_\_ \$65 x \_\_\_\_\_ = \$ \_\_\_\_\_

**Student Fee:** \_\_\_\_\_ \$65 x \_\_\_\_\_ = \$ \_\_\_\_\_

**Combination Option Fee** \_\_\_\_\_ \$30 x \_\_\_\_\_ = \$ \_\_\_\_\_

**Survivor and Family Seminar, Saturday, October 22, 2022**

Survivor, Family & Friends \_\_\_\_\_ FREE x \_\_\_\_\_ = \$ \_\_\_\_\_

Awards Luncheon and Annual Meeting (Lunch Guest Only) \_\_\_\_\_ FREE x \_\_\_\_\_ = \$ \_\_\_\_\_

(Reservations required by Friday, October 14, 2022)

**Meal Requests and Restrictions** Vegetarian meal requests and dietary restrictions are required by **October 14, 2022**. No exceptions will be made at the Conference.

I request vegetarian meals. *Name of guest(s):* \_\_\_\_\_

I have dietary restrictions. *Specify:* \_\_\_\_\_

**BIA-MO Membership Gift** \_\_\_\_\_ = \$ \_\_\_\_\_

**Total number of attendees = \_\_\_\_\_ TOTAL ENCLOSED = \$ \_\_\_\_\_**

**Payment Options**

Enclosed is check/money order payable to BIA-MO for \$ \_\_\_\_\_

Please invoice me

Please charge my Visa/MC/Disc/American Express

Name on Card: \_\_\_\_\_ Card #: \_\_\_\_\_

Exp. Date: \_\_\_\_\_ CVV Code (on back): \_\_\_\_\_

Cardholder billing address (if different than above)

Address/Zip: \_\_\_\_\_

**Complete and mail or fax by Friday, October 14, 2022 to:**  
**Brain Injury Association of Missouri, 2265 Schuetz Rd., Saint Louis, MO 63146-3409**  
**Phone: 314.426.4024 • Fax: 314.426.3290**  
**Online registration available at [www.biamo.org](http://www.biamo.org)**

**Register Online  
Now**

