MEMBERSHIP – THE VOICE OF BRAIN INJURY

The Brain Injury Association of Missouri is making a difference every day, in every corner of the state. And it’s possible because of the increasing number of members.

Membership is the Voice of Brain Injury. Membership is extending our reach and expanding our impact for survivors and their families, for professionals and caregivers, and for the general public.

Your Membership in the Brain Injury Association of Missouri matters. It ensures that survivors of brain injury and their families have access to services, receive support and education to face new challenges, and celebrate accomplishments in their lives.

The Brain Injury Association of Missouri helps prevent brain injury by education of elected officials, the public, and coaches and school personnel.

Because of your Membership, the Brain Injury Association of Missouri will continue to expand our advocacy strength in Jefferson City. Together we can help prevent brain injuries and advocate for improved access to services for survivors of brain injury.

Renew your Membership or become a first-time Member today. Family Memberships begin at $35. Professional Memberships are only $75 for individuals and $200 for organizations and includes a one-year subscription to The Journal for Head Trauma Rehabilitation.

Complete and return the Membership envelope enclosed with this newsletter or go to www.biamo.org and make your Membership gift online.

Every 18 seconds someone sustains a brain injury. By the time you complete your Membership form, another child or adult will be facing an uncertain future. Your Membership makes a difference... all year long...in every corner of the state.

SURVIVOR AND FAMILY REGIONAL SEMINARS: SAME SESSIONS – THREE LOCATIONS

It’s time to register for the free Brain Injury Association of Missouri Survivor and Family Regional Seminars. These educational seminars feature local experts to provide information and practical suggestions to help individuals face challenges with life of brain injury.

This year’s topics include:
- Foods for Brain Health
- Pathways to Productivity, including time to meet with agency representatives
- Special Needs Trust
- Goal Setting
- Survivors Success: Family Journey with Brain Injury
- Medicare and Medicaid Myths

The same sessions are held at each of three locations in Missouri.

- March 9 - Southwest - Mercy Medical Center, Springfield
- April 6 - Western - First Church of the Nazarene, Kansas City
- October 19 - Eastern - St. Charles Convention Center, St. Charles

There will also be an opportunity to experience Adaptive Yoga activities.

CONTINUED ON PAGE 3
MAUREEN’S MESSAGE

WO W ! A M A Z I N G ! AWESOME! Pick your adjective to describe 2012!
The on-again-delayed-again move of the Brain Injury Association of Missouri (BIA-MO) office to 2265 Schuetz Road in St. Louis resulted in our beautiful new space. This move was accomplished through donations – 100 percent donations!
The best part – the accomplishments continued! There was increased attendance at educational programs, including the Survivor and Family Seminars, the Annual Professional Conference, support groups and calls for Community Referral Services.
A new educational program, Sports Concussions: Facts, Fallacies and New Frontiers, was held for athletic trainers, coaches, athletic program directors, school nurses and administrators. This seminar was exceptional and greatly appreciated by attendees. In fact, several have requested this program be repeated and expanded across the state.
We offered the Concussion Overview for Parents sponsored by St. Louis Children’s Hospital Trauma Services to numerous high schools in the St. Louis area.
The Golf Tournament had a double-digit increase in the number of players, and donations to support programs rose by $6,000. This event continues to be the largest fundraiser of the Brain Injury Association of Missouri.
Membership remains important for advocacy and outreach to inform survivors, family members, friends, professionals and the community about BIA-MO and our services.
To keep these and other accomplishments continuing, ACTION is needed. Action by me, you, family, friends, colleagues and communities in 2013.
Be part of the Voice of Brain Injury.
Take the first step today and become a Member of BIA-MO. Then:
• Register to participate in an upcoming program of the Survivor and Family Seminars, Brain Injury Awareness Day and Annual Professional Conference.
• Provide a Sponsor-a-Camper donation for a scholarship or program support.
• Host a Save Your Brain classroom program for youth or Concussion Overview for Parents (a 15-minute presentation) at your sports meeting.
• Submit your survivor application to attend the Donald Danforth Jr. Wilderness Camp.
• Play in the 26th Annual Charity Golf Tournament, Bowling for Brain Injury or other fundraising event.
• Send a donation to support BIA-MO direct service programs or an event.
Please contact me at MCunningham@biamo.org or 800-444-6443 to learn more about being part of this excitement and growth.
Let’s keep making a difference for survivors and families impacted by brain injury. Let’s make a difference every day in 2013.

IN MY OWN WORDS

By Keith W.
Recipient of the Jim and Lori Winter Scholarship 2012
I do not remember anything from the day of the injury, nor can I remember the following two weeks. During that time, my short-term memory was greatly impaired. I am told that I was able to have a conversation with close friends, but as soon as they left the room, even very briefly, I had no recollection of seeing them.
I suffered a traumatic brain injury in a motor vehicle accident in June 2011. The injury has affected my life in a number of ways including memory loss, difficulty with recalling and concentration, and occasional migraine headaches. Even though these problems are becoming less dramatic as time passes and I recover, each of them continues to have a great affect on my life.
I have set several goals for myself including graduating from Missouri State University with a Bachelor’s Degree in Entrepreneurship and a Minor in Economics. Afterwards I will open my own business in the construction equipment and tool rental industry in the St Louis, MO area. My goal is to use the education I am acquiring to organize and refine business practices to a point that I can create a store that has the potential to reshape the construction equipment industry.
I am currently working full-time and making just enough to cover my bare necessities. The Jim and Lori Winter Scholarship from the Brain Injury Association of Missouri, along with other grants and student loans, will have great long-term and short-term positive effects on my ability to achieve my goals.
As I find ways to compensate for the short-term memory loss and recall problems (which are improving), I stay focused on my goals. It is important to have goals – small and large – to reach your dreams.
BE A SEMINAR SPONSOR

Your sponsorship of the Brain Injury Association of Missouri Survivor and Family Regional Seminars ensures that this educational opportunity is free for survivors of brain injury and their families. Sponsorship is an excellent marketing tool and easy way to share information about your services. Exhibit your information and products and talk with those who need them. Statewide and regional sponsorship levels are available beginning at $150 and ranging to $2500.

Be part of the answers that survivors and families are seeking. Contact Maureen Cunningham at MCunningham@biamo.org or 314-426-4024 for details.

Your sponsorship will make a difference.

GIFT ALTERNATIVES

If you are considering a gift to the Brain Injury Association but writing a check would be a hardship, consider donating appreciated stock. Through stock donations you receive a tax deduction for the value of the donated stock on the transaction date.

You can also plan for a future gift through a bequest in your will or beneficiary on a life insurance policy. These planned gifts can be an exact dollar amount, a specific shares of stocks, a percentage of your investment portfolio, or the remainder of your assets after distribution to family members.

When you include BIA-MO in your will or other planned giving options, please provide your attorney or financial planner with our Federal Tax ID: 43-1262556.

For more information about planned giving options, please contact your financial planner or Maureen Cunningham, BIA-MO Executive Director, 800-444-6443, 314-426-4024 or MCunningham@biamo.org.

NEW OFFICE

Brain Injury Association of Missouri
2265 Schuetz Road,
St. Louis, MO 63146-3409

Phone numbers stay the same, 314-426-4024 and 800-444-6443.
Fax number is still 314-426-3290.

NEW BIA-MO SUPPORT GROUP:
ST. LOUIS – SOUTH

Tuesday, March 19 (3rd Tuesday each month)
Survivors and families gain insight and support from others facing similar situations. Most meetings will have two groups – one for survivors and one for family and friends.

St. Clare Health Center
1015 Bowles Avenue, Fenton, MO 63026
7:00 pm – 9:00 pm. For more information – info@biamo.org, 314-426-4024 or 800-444-6443.

SURVIVOR AND FAMILY REGIONAL SEMINARS: SAME SESSIONS – THREE LOCATIONS

These seminars are designed to bring help and hope to individuals and families newly impacted by brain injury and those many years post-injury. Come spend the day to learn helpful information, identify resources and gain support from others who understand.

To register for a Regional Seminar, mail or fax the form below or register online at www.biamo.org. There is no charge for these seminars but advance registration is required.

Name __________________________
Address ________________________
City ____________________________
State ________ Zip __________________
Day Phone (_______ ) ______________
E-mail __________________________
Others Attending:
1. ______________________________
2. ______________________________
3. ______________________________

Location:
☐ Southwest, March 9
☐ Western, April 6
☐ Eastern, October 19
LEGISLATORS VISIT BIA-MO SUPPORT GROUPS

Education and advocacy – primary roles of Brain Injury Association of Missouri – go hand-in-hand and are fundamental in ensuring availability of services for survivors of brain injury.

Representatives of BIA-MO, including staff and those living with brain injury, communicate with State Senators and Representatives in Jefferson City throughout the year. On Brain Injury Awareness Day a large group of families and survivors from across the State gather at the Capitol and provide a blitz of information for lawmakers.

On a more local level, and certainly a more personal one, support groups in St. Louis, Rolla, Kansas City-Independence, Springfield, Hannibal, Joplin, St. Charles, Columbia, and Cape Girardeau invited their local Senators and Representatives to attend their support group meetings. Hearing first-hand the challenges survivors face to get rehab and help is most powerful for the elected official. Writing and passing legislation becomes personal when lawmakers can put a face and a story to a need.

At the support group meetings, Senators and Representatives heard that nearly 200 individuals are waiting more than 942 days for support and rehabilitation services through the Department of Health and Senior Services (DHSS) Adult Brain Injury Program. It was also noted that the Brain Injury Fund is projected to have a $300,000 deficit in FY2014. These facts can seem like mere statistics; but meeting a constituent who is one of the 200 individuals waiting – truly creates awareness of these issues.

Along with personal stories and statistics, we discussed that the DHSS Adult Brain Injury Program is the only state agency providing funding for rehabilitation and support services for adults who have sustained a traumatic brain injury. An evaluation of early referrals to this program showed that survivors of a traumatic brain injury who were referred to services within 90 days of injury experienced significantly better functioning. Rehabilitation services are vital for survivors to return to work, live independently within the community, and improve their quality of life.

Engaging elected officials who can effect changes in funding and improve support services and rehab is vital for individuals impacted by brain injury. It’s making a difference by opening doors and ears to the needs, the limitations of current funding, and the accessibility to services. This effort will continue. Join us on March 27, 2013 in Jefferson City. Mark your calendar and register to participate in Brain Injury Awareness Day. Mark your calendar and register to participate.

Brain Injury Association is the voice of brain injury...you are the voice of brain injury.

BOWLING FOR BRAIN INJURY

Let’s ‘spare’ no time...’strike’ up some fun...and roll a ‘perfect game’ for survivors of brain injury and their families.

Missouri has been chosen as one of five states for a national pilot fundraising event, Bowling for Brain Injury and the Brain Injury Association of Missouri (BIA-MO) is going all out to make it a winner.

Mark your calendars for June 22 and get your teams together. Events will be held in St. Louis at the Brunzwick Zone – Chesterfield and in Springfield at Enterprise Lanes.

It’s easier to participate than it sounds. Just follow a few steps and you’ll be ready to hit the lanes.

- Mark your calendar for Sat. June 22, 12pm - 2pm
- Register at www.BowlingforBrainInjury.org
- Invite five people to join your team (each team is six bowlers)
- Build your webpage and ask friends and family for support
- Each team is expected to have a minimum sponsorship of $500, but by raising more you can win a lot of good prizes and provide more support for services offered by BIA-MO.

Each team of bowlers will receive a pizza, pitcher of soda and free rental of bowling shoes to add to the fun...and maybe improve your score.

Join Missouri’s Honorary Family, Derek and Penny Glanvill, to help support services for local survivors and families. Your participation will increase national awareness and advocacy to provide help, hope and healing for individuals and families impacted by brain injury.

Bowling not your thing? No problem. There are several options so you can still support this important fundraiser.

- Be a virtual bowler (details at www.BowlingForBrainInjury.org)
- Support a bowler with your donation
- Be a corporate sponsor and be recognized on the Brain Injury Association websites for Missouri and our national organization (BIAA.org).

You don’t have to be a scratch bowler or know the difference between an open frame and a baby split. Just bring your best effort and have fun.

Check out all the details at www.BowlingforBrainInjury.org or for more information email bowling@biausa.org. Don’t worry about gutter balls or crossing the foul line. It’s all in the spirit of helping individuals living with the challenges of life with brain injury.
DONALD DANFORTH JR. WILDERNESS CAMP – MANY WAYS TO PARTICIPATE

Survivors of brain injury who attend the Donald Danforth Jr. Wilderness Camp hosted by the Brain Injury Association of Missouri often talk year-round about the fun, relaxation and time with friends.

Camp activities like swimming, fishing, target shooting, basketball and arts and crafts fill the days. In addition to these activities, Campers make time to listen to music on the cabin porches with friends, some they have known from Camp for years and others who are attending for the first time. The laughter and sharing with friends continues from day activities into the evening with karaoke, dancing, trivia and bonfires.

This extended period of time with other survivors who truly understand the challenges of life with brain injury is often the highlight of the year for Campers. “This is the only week I feel fully independent,” said Mike.

The Donald Danforth Jr. Wilderness Camp is also a time of respite for families, who are often full-time caregivers. Knowing their loved one is enjoying activities adapted to his or her abilities brings comfort to family members. They have the opportunity to rejuvenate mentally and physically. Tim said, “I come to camp to relax and give my wife a break because I know I’m a lot to deal with.”

Campers, it’s time to complete your Camp Application today. Then start packing for another great adventure. This year’s camp is May 26 - 31, 2013.

While Campers are participating in these exciting activities adapted to his or her abilities, you can participate, too. Donations and scholarships keep the Donald Danforth Jr. Wilderness Camp affordable for survivors of brain injury and their families.

The actual cost of Camp is $750 per person. More than 40 percent of Campers require scholarship assistance to help cover the Camp fee. Please Sponsor-A-Camper through a $390 full scholarship or make a donation of any amount for program costs and partial scholarships.

“I just love camp,” said Kristin. Your sponsorship will help Campers like Kristin, Tim and Mike have the opportunity to enjoy camp again this summer.

I WANT TO PARTICIPATE IN THE BIA-MO DONALD DANFORTH JR. WILDERNESS CAMP.

☐ PLEASE SEND A CAMP APPLICATION ☐ SPONSOR-A-CAMPER DONATION

NAME ________________________________ COMPANY ________________________________

ADDRESS ________________________________________________________________

CITY ___________________________ STATE _____________ ZIP CODE _____________

EMAIL ______________________________ PHONE ________________________________

SPONSOR-A-CAMPER & PROGRAM DONATIONS

DONATION AMOUNT $ ________________ ☐ ENCLOSED ☐ CHARGE ☐ PLEDGED

VISA/MASTERCARD # __________________________ EXP DATE _________ V-CODE [ON BACK] ________

BILLING ADDRESS ________________________________________ ZIP CODE ________

(IF DIFFERENT THAN ABOVE)
SAVE the DATES... Mark Your Calendar and Register Today

For Sponsorship and registration information regarding these events, visit www.biamo.org, email info@biamo.org, or call the BIA-MO office at 800-444-6443 or 314-426-4024.

SURVIVOR & FAMILY SEMINAR – SOUTHWEST MISSOURI
Saturday, March 9, 2013
Catherine McAuley Conference Center, Mercy Medical Center – Springfield, 1235 E. Cherokee, Springfield, MO 65804.
Free educational seminar with information, practical suggestions and guidance about living with brain injury.
Attendance is free, but registration is required by Feb. 22. Contact the BIA-MO office at www.biamo.org, info@biamo.org or 800-444-6443.

BRAIN INJURY AWARENESS DAY
Wednesday, March 27, 2013 at 10:00 am
Missouri State Capitol House Hearing Room 2 – basement level Jefferson City
Educate your legislators about issues important to the brain injury community, using the “Talking Points” that will be provided.
Transportation assistance will be available this year through a one-time grant from Missouri Foundation for Health. The transportation options are a bus from the BIA-MO office in St. Louis or fuel reimbursement in the form of a gas card, based on miles traveled from other areas of the State. This transportation assistance must be requested with your Brain Injury Awareness Day registration, on a first-come-first-served basis, while funding is still available.
Sign-up by March 15, 2013. Contact the BIA-MO office at www.biamo.org, info@biamo.org or 800-444-6443.

SURVIVOR & FAMILY SEMINAR – WESTERN MISSOURI
Saturday, April 6, 2013
Kansas City First Church of the Nazarene, 11811 State Line Road, Kansas City, MO 64114
Free educational seminar with information, practical suggestions and guidance about living with brain injury.
Attendance is free but registration is required by March 29, 2013. Contact the BIA-MO office at www.biamo.org or 800-444-6443.

TBI FRIDAY’S
Friday, April 19, 2013
High Schools in the St. Louis area
Brain Injury Awareness Campaign with “ONE TEXT OR CALL COULD WRECK IT ALL” message on t-shirts for high school students to unite to increase awareness about the dangers of distracted driving.
For more information about sponsorship or to sign-up your school, contact the TBI Friday’s Hotline at 314-791-0036 or info@biamo.org.

SIGNATURE HEALTHCARE FOUNDATION GOLF TOURNAMENT
Monday, April 29, 2013
Whitmoor Country Club – St. Charles
18-hole golf scramble with a portion of the proceeds to benefit the Brain Injury Association of Missouri.
For more information or to register online as a sponsor or golfer, visit www.signaturefoundation.org

BIA-MO DONALD DANFORTH JR. WILDERNESS CAMP
May 26 - 31, 2013
Wonderland Camp – Lake of the Ozarks, Missouri
Outdoor activities adapted for each survivor’s abilities. Sleeping cabins are air-conditioned. Bus transportation available from St. Joseph, Kansas City, Columbia and St. Louis.
Camper applications available at www.biamo.org or info@biamo.org.

BOWLING FOR BRAIN INJURY
Saturday, June 22, 2013
12:00 pm – 2:00 pm
Springfield – Enterprise Park Lanes, 1625 S. Enterprise Ave, Springfield, MO 65804
St. Louis – Brunswick Zone, 176 Four Seasons Shopping Center, Chesterfield, MO 63017
Teams of six raise a minimum of $500 to support local programs for survivors and family members, as well as increase national awareness and advocacy.
National, Multi-State, Missouri and Local Sponsorships are available. Contact Karen or Dena, Bowling@biausa.org, or Maureen Cunningham, MCunningham@biamo.org for more information.
SAVE the DATES... CONTINUED

BIA-MO 26TH ANNUAL CHARITY GOLF TOURNAMENT

Sunday, August 18, 2013

Norman K. Probststein Community Golf Course – Forest Park, St. Louis
18-hole golf scramble, lunch, dinner, live and silent auctions, and on-course games make for a full day of fun.

Sponsorship and golf packages available. Contact the BIA-MO office at www.biamo.org, 314-426-4024, or 800-444-6443.

4TH ANNUAL BRAIN INJURY AWARENESS RUN

5K and 10K Run/1 Mile Walk

September 21, 2013

Mount Vernon, Missouri

Raise awareness about brain injuries while enjoying a morning run in beautiful Mount Vernon.

Sign-up as an event sponsor, runner or walker by contacting John Klay at 417-766-1079 or Charity Shelton at 417-461-5599. Online participant information/registration also is available at: http://www.ozarkraces.com/search/event.aspx?id=17937

BIA-MO 8TH ANNUAL STATEWIDE CONFERENCE

October 17 - 19, 2013

St. Charles Convention Center – St. Charles

Conference sessions for professionals on Thursday and Friday. Sessions on Saturday are of most interest to survivors of brain injury and family members.

Sponsorship and Exhibitor information available by contacting Maureen Cunningham at MCunningham@biamo.org, 314-426-4024 or 800-444-6443.

BIA-MO OFFICE MOVED

The Brain Injury Association of Missouri office moved in 2012. This move was completed with 100% of the cost covered by donated funding, services and material.

Special thanks to Derek Glanvill and McCarthy Building Companies who coordinated their subcontractors to donate the majority of the build-out, plus donated $16,000 for expenses not donated. Participating subcontractors were Sachs Electric, Murphy Mechanical, Flooring Systems Inc., T.J. Wies Contracting, and Vee Jay Cement.

Plumbing services were provided by Dan Flynn Plumbing, and Chuck Green Painting gave us the final touches on our beautiful new space.

New Address: 2265 Schuetz Road, St. Louis, MO 63146-3409

BOWLING FOR BRAIN INJURY SPONSORSHIP OPPORTUNITIES

The Brain Injury Association of America is the country’s oldest and largest nationwide brain injury advocacy organization. Since its founding in 1980, the mission has been to advance brain injury prevention, research, treatment and education and to improve the quality of life for all people affected by brain injury.

Your company can stretch its marketing dollars by partnering with the Brain Injury Association and becoming a sponsor of Bowling for Brain Injury. Recognition on the statewide website ensures that you’ll reach consumers, professionals, advocates and the general public.

Enhance your company’s brand and reputation. State sponsorship levels include: Trophy at $10,000; Perfect Game, $5000; Kingpin at $2500; Strike for just $1500; or Spare at $750. Go to www.BowlingForBrainInjury.org for all the details. Or, call Maureen Cunningham, 800-444-6443. National sponsorships are also available.

BOARD OF DIRECTORS 2013

Eric Hart, Psy.D.
President
University of Missouri – Columbia

Raman Malhotra, MD
Vice President, Administration
St. Louis University

Sue Orton
Vice President, Nominations
Parent of survivor of brain injury

Tim Imhoff
Treasurer
Bridges of Missouri
Sibling of survivor of brain injury

Joe Trebbe, MSW, LCSW
Secretary
Ozark Neurological Rehab Center

Stephanie Cooper
Independent Living Resource Center
Parent of survivor of brain injury

Margaret Culver, MS, MSW, LCSW
Family Wellness Counseling

L. Barry Gubin
Attorney at Law

Jerry A. Klein, P.C.
Attorney at Law

John Kreymer, Psy.D.
Mercy Center for Pain Management

Patrick Poull
Survivor of brain injury

Tim Wadman
SSM Rehabilitation Network
The purpose of Brain Injury Awareness Day is to educate our state legislators about the needs of individuals who have sustained a brain injury. Experience shows that unless you know someone living with a brain injury, you do not understand the devastating impact on a person’s life.

The strongest message we can take to Jefferson City is survivors and families sharing their stories. Who better to let legislators know what is involved in the process of recovering from an injury, the life-long effects this injury has on individuals and his or her family, and what services and needs are not being met.

You are needed to participate in Brain Injury Awareness Day. **Register:** online at www.biamo.org, email info@biamo.org, fax 314-426-3290 or phone 800-444-6443.

**Brief overview:**

- Meet at 10:00 am on March 27, 2013 in House Hearing Room 2, Basement Level of the Missouri Capitol in Jefferson City.
- You will travel the Capitol halls in assigned groups with a team leader to meet with representatives and senators. Appointments will be scheduled with your district representatives.
- We will focus on legislation that addresses issues of access to services for survivors and also the prevention of brain injury. “Talking Points” will be provided for a message to legislators.
- Pack a lunch, wear a green shirt and comfortable shoes, and come to Jefferson City to make a difference.

**Transportation assistance available** – chartered bus from St. Louis and fuel reimbursement based on mileage from other areas of the state. This assistance must be requested with your Brain Injury Awareness Day registration and is available on a first-come-first-served basis, while funding lasts.

Sign up to go to Jefferson City on March 27 or to be a Virtual Advocate. Brain Injury Association of Missouri is the voice of brain injury. Imagine how loud our voices will be when we join together to educate and advocate.
The Brain Injury Association of Missouri (BIA-MO) serves an estimated 6,000 individuals each year. This includes survivors of brain injury, family members, friends and professionals caring for persons with brain injury. These individuals are served through Brain Injury Association of Missouri programs of support, recreation, education and advocacy.

Support

Brain injury changes life in an instant for the person injured and his or her family. Life is not the same following brain injury. Knowing help is available and you are not alone is essential as they face new challenges. Support groups offer survivors of brain injury and their families the opportunity to learn from others who truly understand. They can share frustrations, knowing they are not being judged. Each accomplishment is celebrated – no matter how great or small it may seem. More than 500 individuals participate in BIA-MO support groups and share the comfort they experienced with family and friends throughout the state.

Information is often the first form of support needed by families and friends when brain injury occurs to a loved one. BIA-MO Information and Referral Service, printed material, and our website provide the direction sought by thousands of individuals each year.

Recreation

Time and conversation with others is a great way to spend an afternoon, evening or week.

The BIA-MO Donald Danforth Jr. Wilderness Camp continues to be the highlight of the year for many survivors of brain injury - some are attending for the first time and many return year after year. In 2012, the BIA-MO Camp provided a week of fun, relaxation, and outdoor activities for 70 survivors of brain injury. In addition, family members received a week of respite to rejuvenate physically and emotionally.

Sponsor-a-Camper scholarships, camp-restricted donations and foundation grants provided financial assistance and program support to ensure no Camper was turned away from attending the BIA-MO Camp due to an inability to pay. The BIA-MO Donald Danforth Jr. Wilderness Camp has been held for 27 years.

Recreational activities also include monthly gatherings to provide fun and time with others. In 2012, an estimated 85 social activities were enjoyed by approximately 1,500 survivors of brain injury and their families. These activities included picnics, holiday parties, karaoke and more.

Advocacy

BIA-MO continues to be active in advocacy to prevent brain injuries, increase access to services for survivors of brain injury, and support opportunities for individuals to live independently within the community. Legislative activities included testimony to Missouri Senate and House committees, participation in coalitions to strengthen a united voice for disability organizations, meetings with legislators to gain support for specific legislation and “Advocacy Alerts” to encourage you to contact your legislators.

In addition, Brain Injury Awareness Day was held in March 2012 for advocates to meet with elected officials in Jefferson City.

Education and Prevention

The Brain Injury Association of Missouri focuses on education in an effort to prevent brain injuries that can occur to anyone at anytime anywhere. The BIA-MO 8th Annual Statewide Conference was attended by 250 professionals, survivors, and family members. The professional days of the conference featured national and local experts sharing current research and best practices. Several sessions focused on treatment options, rehabilitation therapies and vocational techniques to help survivors of brain injury have a quality life.

Education for survivors of brain injury and family members is essential for making informed decisions regarding their new life with brain injury. Three BIA-MO Survivor and Family Regional Seminars were offered in 2012 – Southwest, Western and Eastern Missouri. The same sessions were offered at each location, so survivors and family members just had to choose the location, not the topics presented. These regional seminars had a combined attendance of 300 individuals.

The prevention of brain injuries from sports-related concussions continues to be a topic of focus by the Brain Injury Association of Missouri. A Sports Concussions: Facts, Fallacies and New Frontiers training was provided for coaches, athletic trainers, athletic program directors, school nurses and school administrators. This half-day program featured concussion experts and retired professional athletes. Through sponsorships there was no admission cost and the 2012 seminar was at capacity with 200 individuals in attendance.

Concussion education was also provided to nearly 500 parents and students in 2012 through BIA-MO Concussion Overview for Parents presentations. This 15-minute program is incorporated into team meetings attended by parents and athletes. Program content includes the importance of recognizing the symptoms of a possible concussion, the risks of the student-athlete returning to play too soon after a concussion, and what to do if you suspect a concussion.

Our Save Your Brain school-based educational program was presented to hundreds of school-age students in 2012. At an age-appropriate content level, children learned about the causes of brain injury, ways to prevent brain injury and how to be accepting of persons with disabilities.

Organization and Administration

The Brain Injury Association of Missouri has an all-volunteer Board of Directors that has overall accountability for the organization. Our Board is comprised of survivors of brain injury, family members, professionals in the field of brain injury, business professionals and community volunteers.

Two paid staff members work with more than 300 volunteers involved in the fundraising, program implementation, community education, and advocacy efforts of the Brain Injury Association of Missouri.
By Eric Hart, Psy.D., Board of Directors President,

I am in awe of survivors of brain injury. As an Associate Clinical Professor for the University of Missouri in the Department of Health Psychology I work with individuals who recently sustained a brain injury or are many years post injury.

Life threw the survivors and his or her family a curve ball. Quite frankly, a curve ball that they did not expect. And that few families are prepared to handle.

They are not alone. Information and answers are available. Support for the “no one told me about…” situations is available.

The Brain Injury Association of Missouri (BIA-MO) is here to offer help and hope.

As Facilitator for the BIA-MO support group at Rusk Rehabilitation in Columbia, I see the comfort that individuals and families gain from each other. I hope you will join us for a support group meeting in Columbia or one close to you in other parts of Missouri.

I have been on the Board of Directors for the Brain Injury Association of Missouri for five years. Recently, I accepted the position of President of the Board and am looking forward to serving in the role.

The Brain Injury Association of Missouri is part of the answers and support that are sought by survivors and families. We are education.

We help and hope. Together, we are the Voice of Brain Injury.

BIA-MO Financial Status 2012 (unaudited)

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BIA-MO is a 501 (c)3 non-profit organization. About 90 percent of every dollar donated to BIA-MO provides programs of support, recreation, education and advocacy to offer help and hope for survivors of brain injury and their families as well as professionals and the community. Only 10 percent is administration and fundraising, which is well below the 25 percent national average.

Corporate Members

Ryan Bradley Law Firm (www.stllawhelp.com)
Aaron Sachs and Associates (www.autominjury.com)
SSM Rehabilitation Network (www.ssm-select.com)
St. Peters Bone & Joint Surgery, Inc. (www.sptj.net)
Kurt Wolfgram Law Firm (www.wolfgramlaw.com)
Alternative Opportunities
Missouri Rehabilitation Center
Ozark Neuro Rehabilitation Center
Ranken Jordan Pediatric Specialty Hospital
David Ransin Law Firm

Thank you to all of the individuals, organizations, corporations and foundations that contributed to the Brain Injury Association of Missouri in 2012. Your generosity made it possible to provide services for survivors of brain injury, their families and professionals throughout the state of Missouri. Each gift and sponsorship makes a difference.

25th Annual Charity Golf Tournament – Silver Anniversary

Our largest fundraiser raised more than $72,000 to support BIA-MO.

Diamond Tee Sponsors

Dobbs Tire & Auto Centers
The Lodge at Cedar Creek & Conference Center

Gold Tee Sponsor

John D. McGurk’s Irish Pub

Lunch Sponsors

Holmes Murphy
Merrill Lynch, Charlie Erker
Oral Facial Surgery Institute

Silver Sponsors

Butsch Fields & Associates
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Cheryl and Keith Kowalczycz
Mengwasser Martin Lall & Clark
Rehab Institute of St. Louis
Reliance Bank
The Melton/Ivie Family
Whelan Security

Bronze Sponsors

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Kennelwood Pet Resorts
Rawlings Sporting Goods
RubinBrown

Hole Sponsors

In Memory of Jack Barry
Martha Brown & Associates
Nancy and Dave Danis
Ladue Family Dental
Lazerware Inc.
Leritz Company
Local Backhaul Networks
McCarthy Building Companies
Merrill Lynch
Michael Roth & Associates
Midtown Printing Company
Midwest Automation
Pat’s Bar & Grill
Judy and Vince Shaw
Simmons Browder Gianaris Angelides & Barnerd LLC
Stifel Nicolas

UPOD—Save a Life, Adopt a Shelter Pet

BIA-MO 7th Annual Statewide Conference

Only conference in Missouri to specifically address issues related to brain injury.

Co-Host Sponsor
Department of Health & Senior Services

Track Sponsor
SSM Rehabilitation Network

Keynote Sponsors

Bridges of Missouri, Inc.
Tim Imhoff and Rachel Dietz
NeuroRestorative
Rehabilitation Institute of St. Louis
St. Louis Children’s Hospital

Break Sponsors
Alternative Opportunities
MERS/Goodwill

Exhibitors

Avanir Pharmaceuticals
Brain and Body Power
Brookhaven Hospital
Health Solutions, LLC
Martha Brown & Associates
MediPlex Healthcare Professionals
Missouri Family to Family Resource Center
Missouri Protection & Advocacy Services
Missouri Rehabilitation Center
Missouri Vocational Rehabilitation
Missouri Dept. of Insurance Financial Institutions & Prof. Registration
Ozark Neuro Rehab Center
Pate Rehabilitation
Quality Living, Inc. (QLI)
R!KC - Rehabilitation Institute of Kansas City
Rusk Rehabilitation Center
Southern Bus & Mobility
The Center for Head Injury Services
The Standing Wheelchair Company
United Access

DONOR RECOGNITION

ANNUAL REPORT 2012

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Survivor & Family Regional Seminars 2012

Thanks to the sponsors who made it possible for these regional seminars to be free admission.

Sponsors
- Bridges of Missouri
- The Whole Person
- Tim O’Brien Memorial Fund
- Community Foundation of the Ozarks

Exhibitors
- Alternative Opportunities
- Brookhaven Hospital
- Family Resource Center UMKC
- Meadowbrook Rehabilitation Hospital
- Mid America Rehabilitation Hospital
- Missouri Department of Health & Senior Services
- Missouri Protection and Advocacy
- Missouri Rehabilitation Center
- Southwest Center for Independent Living
- United Access

Foundation & Corporate Grants

Provide funding for specific programs or all services of BIA-MO

Donald Danforth Jr.
- Wilderness Camp

Employees Community Fund of
Boeing St. Louis

Enterprise Holdings Foundation

Fischer-Bauer-Knirps Foundation

Knights of Columbus – Camdenton

Pott Foundation

St. Louis Service Bureau Foundation

1im O’Brien Memorial Fund

Community Foundation of the Ozarks

Organization Programming and Operating

McCarty Building Companies, Inc.

Geiger Ready-Mix, Inc.

Missouri Foundation for Health von Gontard Family Foundation

Points of Light Champions

Leadership gift of $5,000 or more for organization sustainability and growth.

Mrs. Donald Danforth Jr.

William H. Danforth, MD

Sargent Construction Family

Points of Light Members

Annual gift of $500 or more to support all programs of BIA-MO.

Laura and Charles Barnes

Kimmy and Stephen Brauer

Karen and Bert Condle

Harrison Coerver

Susannah and Donny Danforth

Adele Diltschneider

Susan and Stetburne Fugenshau

Becky and Arthur Hailand

Kerry and Bill Holekamp

Kathy and David Hollo

Bettie Johnson

Alan Jones

Mary and Jeff Klein

Joanne and Charles Knight

Jean and Sawyer Marglous

Libby and Jim McDonnell

Sargent Construction

Anne and Charles Mott

Jane and Charles Rallo

H. Mead Summers III

Mary and Simon Tonkin

Connie and Ned Williams

Sports Concussions: Facts, Fallacies and New Frontiers

Educational program for team and school personnel was provided at no cost.

Program Sponsors
- Department of Health and Senior Services
- SSM Cardinal Glennon Children’s Medical Center
- Signature Healthcare
- SLUCare
- St. Louis Children’s Hospital
- Trauma Services
- St. Louis Rams

Break Sponsors
- Excel Sports & Physical Therapy
- Mercy Therapy Services

Brain Injury Awareness Day

Sponsor
- Missouri Association of Rehabilitation Facilities
- The Center for Head Injury Services

Honorary & Memorial Gifts

(June – December 2012)

In Honor of:

Jim Coerver

Katherine Saino

Deb Merrell

Stacey Goins

David Newell

Shirley and Phil Hellwege

Clients of Wealth Management Advisors

Wealth Management Advisors

In Memory of:

Ralph Allard

Anonymous

Audrey and Bill Arth

LuAnn and Patrick Beem

Ginny and Andy Gregowicz

Karen and Steven McDonnell

Ron Rodeghiero

Don Ashley Sr.

Cindy and John Allen

Shirley and Ira Ashley

Emma Blanton

Libby and Jim McDonnell

Sargent Construction

Anne and Charles Mott

Jane and Charles Rallo

H. Mead Summers III

Mary and Simon Tonkin

Connie and Ned Williams

Third-Party Fundraisers

Fundraisers hosted and coordinated by organizations or individuals with proceeds benefitting the BIA-MO.

Signature Healthcare Foundation Annual Golf Tournament

This event donated $15,000 to support BIA-MO programs for young-age survivors.

Walk-Float-Swim

Camps of the Donald Danforth Wilderness Camp logged laps around the camp grounds and in the pool to raise $4,500 through pledges. Cindy Davenport was the 2012 Top Fundraiser.

Brain Injury Awareness Run

5K/10K Run and 1-Mile Walk raised close to $2,300 in Mount Vernon, Missouri through sponsorship and registration fees.
BIA-MO ANNUAL AWARDS 2012

The dedication and effort of many people make a difference in and for the brain community. The Brain Injury Association of Missouri is proud to honor a few special individuals each year at our Annual Awards Luncheon.

Courage Award

Jonathan Jester sustained his brain injury at age nine. The challenges of having to relearn how to walk, talk and eat did not get him down. Instead he has persevered. Now, as a young adult, he volunteers with the Missouri Rehabilitation Center Auxiliary to provide hope and inspiration for survivors and their families — always with a smile and a chuckle!

Volunteer of the Year

Marci and Jeff Bikshorn have made quite an impact while being involved with the BIA-MO golf tournament since 2008. They have cooked lunch for hungry golfers, gathered great auction items and raised more than $13,000 for Sponsor-a-Camper during the Golf Live Auction.

Richard Wessbecher volunteers throughout the year in a variety of capacities. He helps set-up, clean-up and everything in between for various educational programs and events. In addition, he helps in the office with whatever is needed and weekly cleans the office – and makes the large windows shine!

Bill Buell Memorial Award

Nancy Milgrim understands and responds to the complex needs of survivors of brain injury through her work as a Vocational Rehabilitation Counselor in the Kansas City area. She focuses on the goals of each client, based on individual strengths. Through compassion and determination, she never gives up.

Beth Szylowski is recognized for her unique approach of getting input from the person’s full support system of family, medical staff, rehabilitation professionals and job developers for the survivor’s vocational goals. The result has been clients returning to work and having added support as they move forward in their life with brain injury.

Service Excellence Award – Prevention

Eric Hart, Psy.D.  Tom Martin, Psy.D.
Raman Malhotra, M.D.  Linda Neumann, RN
Prevention is the only cure for brain injury and these honorees are all excellent presenters. The audiences were impressed with the knowledge that was shared. The educational program topics included sports-related concussions, Brain Injury 101, Brain Injury for First Responders, and more. We greatly appreciate their donation of time and expertise to represent the Brain Injury Association of Missouri in efforts to prevent and care for brain injuries.

Service Excellence Award – Community Service

McCarthy Building Companies, led by Derek Glanvill, made the move of the BIA-MO office possible. Generosity of time and expertise by McCarthy employee-owners was invaluable in securing donations of services from their sub-contractors. In addition, patience and teaching-moments about construction was such a benefit during the build-out of the new office space. This service to the brain injury community was overwhelming and heart-warming.

Service Excellence Award – Public Relations

George Weber has a personal mission of encouragement for individuals who have sustained stroke or other brain injury. He frequently visits patients in the rehabilitation hospital and provides information to new friends about the BIA-MO support. In addition, he promotes attendance at the St. Charles support group through local church bulletins and a radio station.

Lifetime Achievement Award

Lori Winter began her involvement with the Brain Injury Association of Missouri in 1995 as Executive Director for the organization. Her commitment continues as Facilitator for the St. Louis support group and is expanding to include facilitating the new St. Louis – South support group. Her historical perspective of BIA-MO, commitment to staying involved and understanding of life with brain injury make her an exceptional asset to the brain injury community.

Points of Light Award

Mary Tyger with Alternative Opportunities is recognized for her service to survivors of brain injury. Quoting the heartfelt words of Dwight, “Mary has produced another valuable member of society. One willing, wanting and able to go back to work, have a home to live in, and now has enough sense to keep it.”

Legislator of the Year

Representative Bill Reiboldt is the State Representative from the Joplin area. He is knowledgeable about brain injury and makes the extra effort to find assistance for survivors of brain injury within his district. His sincerity and leadership within the Missouri House of Representatives are great assets to the advocacy efforts of the brain injury community.